



First Step Dental

The First Choice for Your Child

Orthodontic treatment for children, teens & parents too!

TURLOCK 1729 N. Olive, Ste. 1 (209) 632-8400

MERCED 155 El Portal Dr., Ste. A (209) 720-2700

Welcome to our practice!

Patient's Name: _____ Preferred Name: _____

Today's Date: ____/____/____ Birthdate: ____/____/____ Age: _____ Sex: Male / Female

Home Address: _____ City, State and Zip Code: _____

How long at this address? _____ Mailing address same as above? Y / N If no, please specify: _____

Social Security No: _____ Email Address: _____

Home Phone: (____) _____ Cell Phone: (____) _____ Work: (____) _____

Brothers/Sisters or Sons/Daughters (names & ages): _____

Whom may we thank for referring you to our office? _____

Responsible Party Information

Name: _____ Relationship to Patient: _____

Address: _____ City, State and Zip Code: _____

Home Phone: (____) _____ Cell Phone: (____) _____ Email: _____

Birthdate: ____/____/____ Social Security No: _____ Driver's Lic. No.: _____

Employed By: _____ For how long? _____ Occupation: _____

Interests: _____ Marital Status: Single / Married / Separated / Widowed / Divorced

Does the primary responsible party have orthodontic insurance Yes / No **If yes, please complete insurance portion**

Spouse's Name/Secondary Responsible: _____ Relationship to Patient: _____

Address: _____ City, State and Zip Code: _____

Home Phone: (____) _____ Cell Phone: (____) _____ Email: _____

Birthdate: ____/____/____ Social Security No: _____ Driver's Lic. No.: _____

Employed By: _____ For how long? _____ Occupation: _____

Does the primary responsible party have orthodontic insurance Yes / No **If yes, please complete insurance portion**

Dental Insurance Information

Insured's Name: _____ Social Security: _____

Insurance Company: _____ Group No.: _____

Insurance Co. Address: _____ Phone No.: (____) _____

Insured's Employer: _____ Employer Address, City & Zip: _____

Is this the primary insurance for the patient? Yes / No *If there is dual coverage, please complete secondary info**

****SECONDARY**** Insured's Name: _____ Social Security: _____

Insurance Company: _____ Group No.: _____

Insurance Co. Address: _____ Phone No.: (____) _____

Insured's Employer: _____ Employer Address, City & Zip: _____

Emergency Contact

Name of nearest relative not living with you: _____ Phone: (____) _____

Address, City, State and Zip Code: _____ Relationship to Patient: _____

ADULT

Medical History

Physician Name: _____ Date of Last Visit: _____

Address: _____ Phone No.: (____) _____

Please check Yes or No for the questions below. If yes, please fill in details: _____

- | | | |
|---------------------------|--------------------------|---|
| <input type="radio"/> Yes | <input type="radio"/> No | Are you taking any medications? _____ |
| <input type="radio"/> Yes | <input type="radio"/> No | Are you allergic to any medications? _____ |
| <input type="radio"/> Yes | <input type="radio"/> No | Do you have a history of a major illness? _____ |
| <input type="radio"/> Yes | <input type="radio"/> No | Have you had any operations? _____ |
| <input type="radio"/> Yes | <input type="radio"/> No | Have you ever been involved in a serious accident? _____ |
| <input type="radio"/> Yes | <input type="radio"/> No | Have you ever smoked or chewed tobacco? _____ |
| <input type="radio"/> Yes | <input type="radio"/> No | Have you seen a physician in the last 12 months? If yes, why? _____ |

For female patients:

- | | | |
|---------------------------|--------------------------|---------------------------|
| <input type="radio"/> Yes | <input type="radio"/> No | Are you pregnant? |
| <input type="radio"/> Yes | <input type="radio"/> No | Has menstruation started? |

Circle any of the medical conditions below that you have had or currently have:

- | | | | |
|------------------------------|---------------------------|--------------------------|--------------------|
| Abnormal Bleeding/Hemophilia | Diabetes | Hepatitis/Liver Problems | Pneumonia |
| Anemia | Dizziness | Herpes | Prolonged Bleeding |
| Arthritis | Epilepsy | High Blood Pressure | Radiation/Chemo |
| Asthma/Hay Fever | Gastrointestinal Problems | HIV/AIDS | Rheumatic Fever |
| Bone Disorders | Heart Problems | Kidney Problems | Tuberculosis |
| Congenital Heart defect | Heart Murmur | Nervous Disorders | Tumor or Cancer |

Dental History

General Dentist: _____ Date of Last Visit: _____ Phone: (____) _____

****Please tell us what concerns you most about your teeth:** _____

- | | | |
|---------------------------|--------------------------|---|
| <input type="radio"/> Yes | <input type="radio"/> No | Are you presently in any dental plan? |
| <input type="radio"/> Yes | <input type="radio"/> No | Have your wisdom teeth been removed? |
| <input type="radio"/> Yes | <input type="radio"/> No | Have you ever lost or chipped any teeth? |
| <input type="radio"/> Yes | <input type="radio"/> No | Have there been any injuries to face, mouth or teeth? |
| <input type="radio"/> Yes | <input type="radio"/> No | Is any part of your mouth sensitive to temperature? If so, where? _____ |
| <input type="radio"/> Yes | <input type="radio"/> No | Is any part of your mouth sensitive to pressure? If so, where? _____ |
| <input type="radio"/> Yes | <input type="radio"/> No | Do your gums bleed when you brush? |
| <input type="radio"/> Yes | <input type="radio"/> No | Have you ever experienced any unfavorable reaction to dentistry? If so, what? _____ |
| <input type="radio"/> Yes | <input type="radio"/> No | Do you have any type of thumb or tongue habit? |
| <input type="radio"/> Yes | <input type="radio"/> No | Are you a mouth breather? |
| <input type="radio"/> Yes | <input type="radio"/> No | Do your teeth or jaws ever feel uncomfortable when you wake in morning? |
| <input type="radio"/> Yes | <input type="radio"/> No | Are you aware of your jaw clicking or popping? |
| <input type="radio"/> Yes | <input type="radio"/> No | Are you aware of clenching your teeth during the day? |
| <input type="radio"/> Yes | <input type="radio"/> No | Have you ever been told that you grind your teeth? |
| <input type="radio"/> Yes | <input type="radio"/> No | Do you have "tension" headaches? |
| <input type="radio"/> Yes | <input type="radio"/> No | Have you ever experienced chronic ringing in your ears? |
| <input type="radio"/> Yes | <input type="radio"/> No | Have you ever seen an orthodontist? If yes, who and when? _____ |
| | | What is your attitude toward receiving orthodontic treatment? _____ |
| <input type="radio"/> Yes | <input type="radio"/> No | Has anyone in your family received orthodontic treatment? If so, who? _____ |
| | | How did they feel about the results? _____ |
| <input type="radio"/> Yes | <input type="radio"/> No | Are you aware that some appointments will be during work/school hours? |

Benefits of Orthodontics: Aesthetics, Health and Function. It is a service that provides improvement in the appearance of teeth, in the general function of the teeth and in general dental health. Teeth, gums and jaws are an intricate body party and can fail to respond to treatment. If good oral hygiene is not practiced, tooth decay and enlarged gums can result. Joint discomfort and root shortening are observed in a small percentage of cases. Teeth can change throughout our lifetime and there can be some movement of teeth and some change after treatment. I have read and understand this paragraph. I also understand that my diagnostic records and my name may be used for educational purposes. I have truthfully answered all of the above questions and agree to inform First Step Dental's office of any changes in my medical or dental history. In addition, I authorize First Step Dental to perform a complete orthodontic evaluation.

Signature: _____ Date: _____



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Bienvenidos a Nuestra Oficina!

Nombre de Paciente: _____ Nombre Preferido: _____
 Fecha de Hoy: ___/___/___ Fecha de Nacimiento: ___/___/___ Edad: _____ Genero: Masculino/Femenina
 Domicilio: _____ Ciudad/ Estado/ Codigo Postal: _____
 Cuanto Tiempo en Esta Domicilio?: _____ Direccion Postal es Igual? Si No Especifica: _____
 Numero de Seguro Social: _____ Correo Electronico: _____
 Numero de Telefono de Casa: (____) _____ De Celular: (____) _____ De Trabajo: (____) _____
 Hermanos/ Hermanas o Hijos/Hijas (Nombres y Edades): _____
 Escuela y Grado: _____ Intereses/ Aficiones: _____
 A Quien Podemos Agradecer por Referido a Nuestra Oficina? _____

Informacion del Persona Responsable

Nombre de Padre: _____ Estado Civil: Soltero / Casado/ Separado/ Viudo/ Divorciado
 Domicilio: _____ Ciudad/ Estado/ Codigo Postal: _____
 Numero de Telefono de Casa: (____) _____ De Celular: (____) _____ De Trabajo: _____
 Fecha de Nacimiento: ___/___/___ Num. de Seguro Social: _____ Num. de Licencia: _____
 Empleador: _____ Cuanto Tiempo? _____ Ocupacion: _____
 La Segura Dental Tiene Cobertura Ortodoncia?: Si/ No **Si Tiene, Por Favor Complete la Parte de el Seguro**

 Nombre de Madre: _____ Estado Civil: Soltera / Casada/ Separada/ Viuda/ Divorciada
 Domicilio: _____ Ciudad/ Estado/ Codigo Postal: _____
 Numero de Telefono de Casa: (____) _____ De Celular: (____) _____ Correo Electronico: _____
 Fecha de Nacimiento: ___/___/___ Num. de Seguro Social: _____ Num. de Licencia: _____
 Empleador: _____ Cuanto Tiempo? _____ Ocupacion: _____
 La Segura Dental Tiene Cobertura Ortodoncia?: Si/ No **Si Tiene, Por Favor Complete la Parte de el Seguro**

Dental Insurance Information

Nombre del Asegurado: _____ Numero de Seguro Social: _____
 Compañia de Seguro: _____ Numero de Grupo: _____
 Domicilio de la Seguro: _____ Numero de Telefono: (____) _____
 Empleador del Asegurado: _____ Direccion/ Ciudad/ Codigo Postal: _____
 Es Este el Seguro Dental Primaria? Si / No *Si Hay Doble Cobertura, Por Favor Complete la Informacion Secundaria**

Informacion de Seguro Secundaria

Nombre del Asegurado: _____ Numero de Seguro Social: _____
 Compañia de Seguro: _____ Numero de Grupo: _____
 Domicilio de la Seguro: _____ Numero de Telefono: (____) _____
 Empleador del Asegurado: _____ Direccion/ Ciudad/ Codigo Postal: _____

Informacion de Contacto de Emergencia

Nombre de Pariente Mas Acercado que no Vive con Usted: _____
 Numero de Telefono: (____) _____ Relacion Con el Paciente: _____
 Direccion/ Ciudad/ Estado y Codigo Postal: _____

Menor/ Asegurado Dependiente

Historia Medica

Nombre del Medico: _____ Fecha de la Ultima Visita: _____

Direccion: _____ Numero de Telefono: (____) _____

Por Favor, Marque Si o No a las Siguietes Preguntas. So Respode Si, Por Favor Llene Los Tetalles:

- | | | |
|--------------------------|--------------------------|--|
| <input type="radio"/> Si | <input type="radio"/> No | Esta Tomando Algun Medicamento? _____ |
| <input type="radio"/> Si | <input type="radio"/> No | Es Alergico a Algun Medicamento? _____ |
| <input type="radio"/> Si | <input type="radio"/> No | Tiene Historia de Enfermedad Grave? _____ |
| <input type="radio"/> Si | <input type="radio"/> No | Ha Tenido Alguna Operacion? _____ |
| <input type="radio"/> Si | <input type="radio"/> No | Ha Estado Alguna Vez Involucrado en un Accidente Grave? _____ |
| <input type="radio"/> Si | <input type="radio"/> No | Alguna Vez Ha Fumado o Masticado Tabaco? _____ |
| <input type="radio"/> Si | <input type="radio"/> No | Has Visto a un Medico en los Ultimos 12 Meses? Si es Si Por Que? _____ |

For female patients:

- | | | |
|--------------------------|--------------------------|-------------------------------|
| <input type="radio"/> Si | <input type="radio"/> No | Estas Embarazada? |
| <input type="radio"/> Si | <input type="radio"/> No | Ha Comenzado la Menstruacion? |

.....

Circule Cualquiera de las Siguietes Condiciones que Usted ha Tenido o que Actualmente Tienen:

Sangrado Anormal/ Hemofilia	Diabetes	Hepatitis/ Problema del Higado	Anemia
Mareo	Herpes	Artritis	Epilepsia
Presion Alta Sangulnea	Asma/ Fiebre de Heno	Problemas Gastrointestinales	VIH/SIDA
Trastornos de los Huesos	Problemas del Corazon	Problemas de Riñon	Soplo Cardiaco
Defecto Congenito de Corazon	Trastorno Nervioso	Neumonia	Sangramiento Prolongado
Radiacion/ Quimioterapia	Fiebre Reumatica	Tuberculosis	Tumor o Cancer

Historia Dental

Dentista General: _____ Fecha de Ultima Visita: _____ Telefono (____) _____

****Por Favor, Diganos que mas se Preocupa Acerca de sus Dientes:** _____

- | | | |
|---------------------------|--------------------------|---|
| <input type="radio"/> Si | <input type="radio"/> No | Esta Usted en Dolor de un Diente? |
| <input type="radio"/> Si | <input type="radio"/> No | Se han Quitado las Muelas del Juicio? |
| <input type="radio"/> Si | <input type="radio"/> No | Alguna vez has perdido o astillado algun diente? |
| <input type="radio"/> Si | <input type="radio"/> No | Ha Tenido una Herida en la Cara, la Boca o los Dientes? |
| <input type="radio"/> Si | <input type="radio"/> No | Hay Alguna Parte de tu Boca Sensible a la Temperatura? Si es Adi, donde? _____ |
| <input type="radio"/> Si | <input type="radio"/> No | Hay Alguna Parte de tu Boca Sensible a la Temperatura? Si es Adi, donde? _____ |
| <input type="radio"/> Si | <input type="radio"/> No | Sus Encias Sangran al Cepillarse? |
| <input type="radio"/> Si | <input type="radio"/> No | Has Experimentado Alguna Reaccion Desfavorable en la Dentista? Si es asi, en que? _____ |
| <input type="radio"/> Si | <input type="radio"/> No | Tienes Algun Tipo de Habito de un Pulgar or Lengua? |
| <input type="radio"/> Yes | <input type="radio"/> No | Esta Usted Usando una Respiro de Boca? |
| <input type="radio"/> Yes | <input type="radio"/> No | Sus Dientes o Mandibula se Sienten Incomodos Cuando te Levantas por la Mañana? |
| <input type="radio"/> Yes | <input type="radio"/> No | Eres Consciente de que tu Mandibula Reproduce Click o Estallidos? |
| <input type="radio"/> Yes | <input type="radio"/> No | Eres Consciente de Apretar los Dientes durante el Dia? |
| <input type="radio"/> Yes | <input type="radio"/> No | Te han Dicho Aluna Vez que Usted se Rechina los Dientes? |
| <input type="radio"/> Yes | <input type="radio"/> No | Tiene Usted Dolores de Cabeza Tensionales? |
| <input type="radio"/> Yes | <input type="radio"/> No | Alguna Vez has Experimentado Zumbido Cronica en le Oido? |
| <input type="radio"/> Yes | <input type="radio"/> No | Has Ido a una Ortodoncista? Si es Asi, Quien y Cuando? _____ |
| | | Que es su Actitud Hacia Recibir Tratamiento de Ortodoncia? _____ |
| <input type="radio"/> Yes | <input type="radio"/> No | Alguien en su Familia han Recibido Tratamiento de Ortodoncia? Si es Asi, Quien? _____ |
| <input type="radio"/> Yes | <input type="radio"/> No | Esta Usted Conciente de que Algunas Citas Seran Durantes las horas de Escuela/ Trabajo? |

Beneficios de Ortodoncia: Estetica, Salud, y Funcion. Es un servicio que mejora la apariencia de los dientes, la funcion general, y tambien en la salud dental general. Los dientes, encias, y mandibulas, estan en un parte del cuerpo intricado y pueden fallar en responder al tratamiento. Si la higiene oral buena no esta practicado, la caries dental encias inflamadas pueden resultar. Molestias en las articulaciones y el acortamiento de la raiz del diente se han observado en un pequeño porcentaje de casos. Los dientes pueden cambiar a lo largo de nuestra vida y puede haber algo de movimiento de los dientes y puede resultar en un cambio despues del tratamiento. He leído y entendido este parrafo. Tambien entiendo que mi nombre y expedientes de diagnostico se pueden utilizar con el propositos de educar. He contestado con sinceridad a todos las preguntas anteriores y estoy de acuerdo a informar a First Step Dental de cualquier cambio qe haya en mi historia medico o dental. Adicionalmente, yo autorizo a First Step Dental a realizar una evaluacion de ortodoncia completa.

Firma: _____ Fecha: _____



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Welcome to our practice!

Patient's Name: _____ Preferred Name: _____

Today's Date: ____/____/____ Birthdate: ____/____/____ Age: ____ Sex: Male / Female

Home Address: _____ City, State and Zip Code: _____

How long at this address? ____ Mailing address same as above? Y / N If no, please specify: _____

Social Security No: _____ Email Address: _____

Home Phone: (____) _____ Cell Phone: (____) _____ Work: (____) _____

Brothers/Sisters or Sons/Daughters (names & ages): _____

Whom may we thank for referring you to our office? _____

Responsible Party Information

Name: _____ Relationship to Patient: _____

Address: _____ City, State and Zip Code: _____

Home Phone: (____) _____ Cell Phone: (____) _____ Email: _____

Birthdate: ____/____/____ Social Security No: _____ Driver's Lic. No.: _____

Employed By: _____ For how long? ____ Occupation: _____

Interests: _____ Marital Status: Single / Married / Separated / Widowed / Divorced

Does the primary responsible party have orthodontic insurance Yes / No **If yes, please complete insurance portion**

Spouse's Name/Secondary Responsible: _____ Relationship to Patient: _____

Address: _____ City, State and Zip Code: _____

Home Phone: (____) _____ Cell Phone: (____) _____ Email: _____

Birthdate: ____/____/____ Social Security No: _____ Driver's Lic. No.: _____

Employed By: _____ For how long? ____ Occupation: _____

Does the primary responsible party have orthodontic insurance Yes / No **If yes, please complete insurance portion**

Dental Insurance Information

Insured's Name: _____ Social Security: _____

Insurance Company: _____ Group No.: _____

Insurance Co. Address: _____ Phone No.: (____) _____

Insured's Employer: _____ Employer Address, City & Zip: _____

Is this the primary insurance for the patient? Yes / No *If there is dual coverage, please complete secondary info**

****SECONDARY**** Insured's Name: _____ Social Security: _____

Insurance Company: _____ Group No.: _____

Insurance Co. Address: _____ Phone No.: (____) _____

Insured's Employer: _____ Employer Address, City & Zip: _____

Emergency Contact

Name of nearest relative not living with you: _____ Phone: (____) _____

Address, City, State and Zip Code: _____ Relationship to Patient: _____

MINOR / INSURED DEPENDENT

Medical History

Physician Name: _____ Date of Last Visit: _____

Address: _____ Phone No.: (____) _____

Please check Yes or No for the questions below. If yes, please fill in details: _____

- | | | |
|---------------------------|--------------------------|---|
| <input type="radio"/> Yes | <input type="radio"/> No | Are you taking any medications? _____ |
| <input type="radio"/> Yes | <input type="radio"/> No | Are you allergic to any medications? _____ |
| <input type="radio"/> Yes | <input type="radio"/> No | Do you have a history of a major illness? _____ |
| <input type="radio"/> Yes | <input type="radio"/> No | Have you had any operations? _____ |
| <input type="radio"/> Yes | <input type="radio"/> No | Have you ever been involved in a serious accident? _____ |
| <input type="radio"/> Yes | <input type="radio"/> No | Have you ever smoked or chewed tobacco? _____ |
| <input type="radio"/> Yes | <input type="radio"/> No | Have you seen a physician in the last 12 months? If yes, why? _____ |

For female patients:

- | | | |
|---------------------------|--------------------------|---------------------------|
| <input type="radio"/> Yes | <input type="radio"/> No | Are you pregnant? |
| <input type="radio"/> Yes | <input type="radio"/> No | Has menstruation started? |

Circle any of the medical conditions below that you have had or currently have:

- | | | | |
|------------------------------|---------------------------|--------------------------|--------------------|
| Abnormal Bleeding/Hemophilia | Diabetes | Hepatitis/Liver Problems | Pneumonia |
| Anemia | Dizziness | Herpes | Prolonged Bleeding |
| Arthritis | Epilepsy | High Blood Pressure | Radiation/Chemo |
| Asthma/Hay Fever | Gastrointestinal Problems | HIV/AIDS | Rheumatic Fever |
| Bone Disorders | Heart Problems | Kidney Problems | Tuberculosis |
| Congenital Heart defect | Heart Murmur | Nervous Disorders | Tumor or Cancer |

Any other health concerns that you would like to discuss? _____

Dental History

General Dentist: _____ Date of Last Visit: _____ Phone: (____) _____

****Please tell us what concerns you most about your teeth:** _____

- | | | |
|---------------------------|--------------------------|---|
| <input type="radio"/> Yes | <input type="radio"/> No | Are you presently in any dental plan? |
| <input type="radio"/> Yes | <input type="radio"/> No | Have your wisdom teeth been removed? |
| <input type="radio"/> Yes | <input type="radio"/> No | Have you ever lost or chipped any teeth? |
| <input type="radio"/> Yes | <input type="radio"/> No | Have there been any injuries to face, mouth or teeth? |
| <input type="radio"/> Yes | <input type="radio"/> No | Is any part of your mouth sensitive to temperature? If so, where? _____ |
| <input type="radio"/> Yes | <input type="radio"/> No | Is any part of your mouth sensitive to pressure? If so, where? _____ |
| <input type="radio"/> Yes | <input type="radio"/> No | Do your gums bleed when you brush? |
| <input type="radio"/> Yes | <input type="radio"/> No | Have you ever experienced any unfavorable reaction to dentistry? If so, what? _____ |
| <input type="radio"/> Yes | <input type="radio"/> No | Do you have any type of thumb or tongue habit? |
| <input type="radio"/> Yes | <input type="radio"/> No | Are you a mouth breather? |
| <input type="radio"/> Yes | <input type="radio"/> No | Do your teeth or jaws ever feel uncomfortable when you wake in morning? |
| <input type="radio"/> Yes | <input type="radio"/> No | Are you aware of your jaw clicking or popping? |
| <input type="radio"/> Yes | <input type="radio"/> No | Are you aware of clenching your teeth during the day? |
| <input type="radio"/> Yes | <input type="radio"/> No | Have you ever been told that you grind your teeth? |
| <input type="radio"/> Yes | <input type="radio"/> No | Do you have "tension" headaches? |
| <input type="radio"/> Yes | <input type="radio"/> No | Have you ever experienced chronic ringing in your ears? |
| <input type="radio"/> Yes | <input type="radio"/> No | Have you ever seen an orthodontist? If yes, who and when? _____ |
| | | What is your attitude toward receiving orthodontic treatment? _____ |
| <input type="radio"/> Yes | <input type="radio"/> No | Has anyone in your family received orthodontic treatment? If so, who? _____ |
| | | How did they feel about the results? _____ |
| <input type="radio"/> Yes | <input type="radio"/> No | Are you aware that some appointments will be during work/school hours? |

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Signature: _____ Date: _____

Notice of Privacy Practices

This notice describes how your health information may be used and disclosed and how you can get access to this information. Please review it carefully. The privacy of your health information is important to us.

Our Legal Duty

Federal and state laws require us to maintain the privacy of your health information. We are also required to provide this notice about our office's privacy practices, our legal duties and your rights regarding your health information. We are required to follow the practices that are outlined in this notice while it is in effect. This notice takes effect September 23, 2013 and will remain in effect until we replace it.

We reserve the right to change our privacy practices and the terms of this notice at any time, provided such changes are permitted by applicable law. We reserve the right to make changes in our privacy practices and the new terms of our notice effective for all health information that we maintain, including health information we created or received before we made the changes. Before we make a significant change in our privacy practices, we will change this notice and make the new notice available upon request. For more information about our privacy practices or additional copies of this notice, please contact us (contact information below).

Uses and Disclosures of Health Information

We use and disclose health information about you for treatment, payment and health care operations.

For example:

Treatment

We may use or disclose your health information to another dentist or other health care providers providing treatment that we do not provide. We may also share your health information with a pharmacist in order to provide you with a prescription or with a laboratory that performs tests or fabricates dental prostheses or orthodontic appliances.

Payment

We may use and disclose your health information to obtain payment for services we provide to you, unless you request that we restrict such disclosure to your health plan when you have paid out-of-pocket and in full for services rendered.

Health Care Operations

We may use and disclose your health information in connection with our health care operations, for example in sending appointment reminders. Other health care operations include but are not limited to quality assessment and improvement activities, reviewing the competence or qualifications of health care professionals, evaluating practitioner and provider performance, conducting training programs, accreditation, certification, licensing or credentialing activities. The California Confidentiality of Medical Information Act does limit the types of health care operations in which we can use or disclose your health information without your authorization. For example, if the dental practice is sold or merged, the new owner will seek permission to use your information to continue to treat you. Your authorization also is required if a credit or collection agency seeks your health information. We may use business associates to conduct the above transactions. We may also use and disclose your health information if required by law or for public health, benefit and safety purposes. For example:

Public Health and Safety

We may disclose your health information to a public health authority as part of lawful activities to prevent or control disease, injuries and disabilities and to the U.S. Food and Drug Administration to report safety issues with drugs and medical devices. We may disclose your health information to appropriate authorities if we reasonably believe that you are a victim of abuse, neglect or domestic violence or the possible victim of other crimes. We may disclose your health information to the extent necessary to avert a serious threat to your health or safety or the health or safety of others.

Government Oversight

We may disclose your health information to government regulatory agencies, such as the Dental Board of California or the U.S. Department of Health and Human Services, to carry out their legal responsibilities in investigations, inspections, audits, enforcement and licensing.

Law Enforcement, Coroners and Legal Proceedings

We may disclose your health information to a law enforcement agency, coroner or medical examiner for official purposes such as identifying an individual or reporting crimes. We may be compelled to disclose your health information in response to a subpoena, court order, discovery request or other legal process. We may disclose to correctional institutions or law enforcement officials having lawful custody of protected health information of inmates or patients under certain circumstances.

Workers' Compensation

We may disclose your health information to the extent permitted for workers' compensation.

National Security

We may disclose to military authorities the health information of Armed Forces personnel under certain circumstances. We may disclose to authorize federal officials health information required for lawful intelligence, counterintelligence and other national security activities.

Your Authorization

You may give us written authorization to use your health information or to disclose it to anyone for any purpose. If you give us an authorization, you may revoke it in writing at any time. Your revocation will not affect any use or disclosures permitted by your authorization while it is in effect. Unless you give us a written authorization, we cannot use or disclose your health information for any reason except those permitted uses described in this notice.

We may request your authorization to use your name, image or testimonial in our social media platforms and marketing efforts. We may request your authorization to release your insurance information to another healthcare provider.

Other Uses and Disclosures of Health Information

We may use and disclose your health information in the following circumstances:

To Family, Friends and Persons Involved in Your Care

We may use or disclose health information to notify or assist in the notification of (including identifying or locating) a family member, your personal representative or another person responsible for your care, of your location, your general condition or your death. If you are present, then prior to use or disclosure of your health information, we will provide you with an opportunity to object to such uses or disclosures. In the event of your incapacity or emergency circumstances, we will disclose health information based on a determination using our professional judgment disclosing only health information that is directly relevant to the person's involvement in your health care. We will also use our professional judgment and our experience with common practice to make reasonable inferences of your best interest in allowing a person to pick up filled prescriptions, aligners, X-rays or other similar forms of health information.

You have the right to request restrictions on disclosure to family members, other relatives, close personal friends or any other person identified by you.

Marketing Health-Related Services

We may contact you about products or services related to your treatment, case management or care coordination or to propose other treatments or health-related benefits and services in which you may be interested. We may also encourage you to purchase a product or service when you visit our office. If you are currently an enrollee of a dental plan, we may receive payment for communications to you in relation to our provision, coordination or management of your dental care, including our coordination or management of your health care with a third party, our consultation with other health care providers relating to your care or if we refer you for health care. We will not otherwise use or disclose your health information for marketing purposes without your written authorization. We will disclose whether we receive payments for marketing activity you have authorized.

Change of Ownership

If this dental practice is sold or merged with another practice or organization, your health records will become the property of the new owner. Your information will be used to notify you of the change and the new owner may seek to obtain your permission to use your information to continue to treat you. You may request that copies of your health information be transferred to another dental practice.

Research

Your health information may be disclosed to researchers for research purposes. In this situation, written authorization is not required if approved by an Institutional Review Board or privacy board.

Fundraising

We may use or disclose demographic information and dates of treatment in order to contact you for fundraising activities. If you no longer wish to receive these communications, notify us at the contact information provided below and we will stop sending further fundraising information.

Patient Rights

Access

You have the right to look at or get copies of your health information, with limited exceptions. You may request that we provide copies in a format other than photocopies. We will use the format you request unless we cannot practicably do so. You must make a request in writing to obtain access to your health information. You may obtain a form to request access by contacting our office. We will charge you a reasonable cost-based fee for expenses such as copies and staff time. You may also request access by sending us a letter. If you request copies, there may be a charge for time spent. If you request an alternate format, we will charge a cost-based fee for providing your health information in that format. If you prefer, we will prepare a summary or an explanation of your health information for a fee. California law requires you be provided with access to your health information within 15 days. Contact us for a full explanation of our fee structure.

Disclosure Accounting

You have a right to receive a list of instances in which we disclosed your health information for purposes other than treatment, payment, health care operations and certain other activities for the last six years. If you request this accounting more than once in a 12-month period, we may charge you a reasonable cost-based fee for responding to these additional requests.

Restriction

You have the right to request that we place additional restrictions on our use or disclosure of your health information. We are not required to agree to these additional restrictions, but if we do, we will abide by our agreement (except in emergency). In the event you pay out-of-pocket and in full for services rendered, you may request that we not share your health information with your health plan. We must agree to this request.

Alternative Communication

You have the right to request that we communicate with you about your health information by alternative means or to send it to an alternative location. You must make your request in writing. Your request must specify the alternative means or location and provide satisfactory explanation of how payment for treatment will be handled under the alternative means or location you request.

Breach Notification

In the event your unsecured protected health information is breached, we will notify you as required by law. In some situations, you may be notified by our business associates.

Amendment

You have the right to request that we amend your health information. (Your request must be in writing, and it must explain why the information should be amended). We may deny your request under certain circumstances.

Notice of Privacy Practices

You have the right to a paper copy of this notice at any time.

Questions and Complaints

If you want more information about our privacy practices or have questions or concerns, please contact us at:

1729 N. Olive Ave. Ste. 15 Turlock, CA 95382
Office: 209-669-8120 Fax: 209-669-8123

If you are concerned that we may have violated your privacy rights, or you disagree with a decision we made about access to your health information or in response to a request you made to amend or restrict the use or disclosure of your

health information or to have us communicate with you by alternative means or at alternative locations, you may send a written complaint to our office or to the U.S. Department of Health and Human Services, Office of Civil Rights. We will not retaliate against you for filing a complaint.

We comply with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

Acknowledgement of Receipt of Notice of Privacy Practices

You May Refuse to Sign This Acknowledgement

I, _____ [full name], have received a copy of the First Step Dental Notice of Privacy Practices.

Print Name _____

Signature _____

Date _____

If this acknowledgement is signed by a personal representative on behalf of the patient, complete the following:

Personal Representative's name _____

Relationship to Patient _____

For Program Use Only

We attempted to obtain written acknowledgement of receipt of our Notice of Privacy Practices, but acknowledgement could not be obtained because:

- Individual refused to sign
- Communications barriers prohibited obtaining the acknowledgement
- An emergency situation prevented us from obtaining acknowledgement
- Other (Please Specify)